
Check out the November news at Vicious



VICIOUS PINK OUT Event

VICIOUS PINK OUT Event impresses us once again! Your eagerness to be generous to those within our community is always empowering! On 10/19 we hosted a PINK OUT event encouraging cash and apparel sales in which proceeds went to UNIT FOR HER. In our very short Saturday morning event, we raised \$568 to provide ease to a local family currently struggling with Breast Cancer. Thank you for representing VICIOUS but most importantly, thank you for practicing that you're as strong as your community!





Bring our towels back!

We know how easy it is to walk out with our towels after class, especially if the class was so good you're still sweating. However, we need them back.

New Class

Spin+Stretch Saturdays at 9:15am

Get the best of both worlds to kick off a strong weekend! Begin on the bike-building and burning then finish on the mat- mobility and meditation

Thanksgiving and Black Friday Schedule Changes

We've made our schedule adjustments for Thanksgiving and Black Friday, check them out! No need to worry we doubled up and added in everyone's favorites to be able to get the work in before feasting! Bring your visiting friends and family, we'd love to show them your home away from home! Booking begins 11/14!

Black Friday Deals & Gift Cards

Get 12 classes for the same price as our 10-Class Pack.

Black Friday ONLY!

Gift Cards are also available.

Grab a gift card

Employee Spotlight



Meredith: Mere is our edgy but altruistic instructor who can kick your butt on the spin bike but remind you to zen out on the mat. She has a captivating vibe and it's said that her positive energy is infectious which makes Mere an unique but intricate member of our Vicious Fam. Meredith, November is for you; slay, girl, slay!

Lost & Found



Please retrieve your items by 11/10 or they will be donated!

Milestone Celebrations

We reset milestones back to zero as of Sept 1, 2024. We are getting close to

Say it louder so we can hear you in the back!

Please leave us a review

